

**"If I would have had a CFT meeting, my family relationship would be a lot stronger today."
- Chaney**

"Decisions get made about your life with no input from you...how messed up does that sound?" - De'Von

**"Foster Care would have just been easier."
- Nicole**

CFTs? I remember my older friends talkin' about 'em and the impact they can have...

Child and Family Teams (CFT)

It takes hardly any work to set up a CFT meeting. It's easy!



Contact Your Local DSS



(County Name) County Dept. of Social Services

Street Address
City, State Zip Code
Phone Number
Fax Number

Main Contact Name: Phone Number
Main Contact Email



Child & Family Teams

IT'S ALL ABOUT YOU!



"You'd better think, think about what you're trying to do to me."

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Child and Family Teams

are family members
and their community supports
that come together to

create, implement and update

a plan

with

the child, youth/student and family.

The plan

builds on the strengths

of the child, youth and family

and addresses their

needs, desires and dreams.

*Endorsed by
the NC State Collaborative
for Children, Youth and Families, December 2007*

NC Families United Newsletter, January 2008

10 Family Centered Principles

1. Everyone deserves respect.
Respect yourself
and everyone around you.
2. You have two ears & one mouth.
Listen more & talk less.
Let everyone's voice be heard.
3. I have many strengths.
4. To judge me
is to pretend you've been in my shoes.
Don't judge me, and I won't judge you,
you feel me?
5. It takes more than one hand
to move a mountain
so let's work together
to make my situation better.



6. Trust takes time.
7. No one knows me better than ME.
WE ARE FAMILY, so we
probably know more about
ourselves than others huh?
8. It takes a village to raise a child.
9. Honor & Respect my cultural
differences. Your culture is
important.... so make sure the
meeting fits who you are.
10. Help my family & make sure I am
safe. Your DSS worker's roles are
to help your family & protect your
safety.